

New Class: "Restore and Renew" Gentle Yoga.

Now Being Offered at
Wholistic Physical Therapy
Wednesday lunchtimes
(every Wednesday)

By Certified Yoga Instructor
Beth Morris

12:30 pm – 1:45 pm

Wholistic Physical Therapy
1591 Route 22
Brewster, NY

Advanced registration is required (845) 940-1050.
Cost \$20 per class

